

## Desserts

Fresh fruit salad

£3.25

Eton mess

£6.95\*

Cheesecake

£6.95\*

Trio of local ice cream

£6.95\*

Lemon panna cotta tart

£6.95\*

Chocolate brownie

£6.95\*

Can't decide?

Why not try our sampler  
sharing slate

Sharing slate of mini desserts

Cheesecake

Eton mess

Chocolate brownie

Lemon panna cotta tart

£13.00



## Why not try our Lunch & Swim deal

A two hour swim (10 - 12pm) followed  
by a 2 course lunch. Mon - Fri  
(eligible menu items are indicated by\*)  
Lunch served 12pm - 3pm

**£15.00** per person

## Afternoon teas

available from 2.30pm - 4.30pm

**£19.50** per person

(Afternoon teas must be pre booked at least 24 hours prior)

## Sunday lunch

available every Sunday 12 - 3pm

from **£12.95**

LAMPHEY COURT

★★★★  
HOTEL & SPA

Lamphey Pembrokeshire Wales SA71 5NT  
01646 672273 info@lampheycourt.co.uk  
www.lampheycourt.co.uk

LAMPHEY COURT

★★★★

HOTEL & SPA

## Lunch Menu



## Starters

### Soup of the day <sup>(v)</sup>

£5.50\*

### Chicken leg terrine

With apple & raisin chutney, toasted sourdough

£7.25

### Welsh rarebit <sup>(v)</sup>

£6.50\*

### Bread & olives

£5.00\* or £9.00 to share

### Battered calamari

With garlic mayonnaise

£6.00\*

## Side Orders

### Chips

£4.00

### Sweet potato fries

£4.50

### Mixed salad

£4.00

### Olives

£4.00

## Main Course

### Pesto & pine nut linguini <sup>(v)</sup>

£11.50\*

### Grilled goats cheese or halloumi & beetroot salad <sup>(v)</sup>

£12.00

### Lamphey court ploughman's salad

£12.00

### Thai curried fishcakes with mixed leaf salad

£9.00\*

### Chicken Caesar salad

£14.00

### Ham, egg & chips

£10.00\*

### Lasagne & salad

£10.00\*

### Fish & chips

£12.00\*

### Chicken & bacon linguini

£14.00

### Posh fish finger sandwich

£10.00\*

### Quiche of the day with mixed leaf salad

£10.00\*

#### Allergen information

Should you have any dietary requirements, concerns or wish to know more information of any of the dishes stated please ask a member of our team for assistance.

Allergen information is available for each dish.

## Sandwiches

### Tuna mayonnaise & red onion

£7.00\*

### Ham & mustard mayonnaise

£7.00\*

### Cheese & red onion chutney

£7.00\*

### Chicken mayonnaise & salad

£7.00\*

### Open prawn sandwich

£9.00\*

### Smoked salmon & cream cheese bagel

£9.00\*

### Roasted red pepper & cream cheese bagel

£8.00\*

All the above served with salad garnish & ready salted crisps.

## Jacket Potatoes

### Jacket potato with cheese & beans

£7.00\*

### Jacket potato with tuna mayonnaise & red onion

£7.00\*

### Jacket potato with prawn mayonnaise

£9.00\*

All served with salad garnish.