

NAILS AND COCKTAILS £35PP

What a better combination than having your nails pampered, whilst enjoying a delicious cocktail afterwards in the Hotel's Restaurant. This delightful little package is perfect to spend quality time with friends and family. A pure girly pamper!

Includes the following

-Either a Mini Manicure or Mini Pedicure with a choice of Gel/Polish finish

**** NEW OPI COLOURS****

-One cocktail per person – A Variety to choose from*

Mocktails also available upon request.

-Full use of spa facilities 10am-6pm



☎ 01646 673108 to BOOK NOW. T and C's apply.



O·P·I



Simply G & Tea £69pp



Afternoon tea with a slight twist- This delightful package includes the following

-Afternoon Tea (served between 3pm-4:30pm)

-Glass of Gin and Tonic – A mixture of flavoured Gins/Tonic's to choose from* non alcoholic drinks available upon request.

-One 25 Minute treatment to choose from the following

25 Minute Elemis Facial (Either Peptide 24/7, Superfood, Sensitive skin smoother) / Indian Head Massage / Back, neck and shoulder massage or Foot scrub and Massage

-Full use of spa facilities 10am-6pm

-Robe, Towel and slippers provided on arrival

*£10 extra should you wish to spoil yourself and upgrade your 25 Minute treatment to 55 Minutes.

☎ 01646 673108 to BOOK NOW Available Monday-Sunday

Terms and conditions apply, offer is subjected to availability, we advise all clients to book advance to avoid disappointment.

DERMAPLANING AVAILABLE NOW IN THE SPA !

£25 PER TREATMENT

This treatment will be available with our lovely new team member Erin!

What is Dermaplaning?

This is a simple and safe procedure for removing dead skin cells and peach fuzz from the face with a special tool. The hair often causes a build-up of dirt and oils in the follicles, so removing the hair leaves you with healthier and glowing skin. There is also no need to worry about the hair getting any darker; dermaplaning targets the vellus hair (peach fuzz) that grows back the same size and colour.



BENEFITS

*Boosts the effects of skin care products
Leaving your skin to feel super smooth
Skin look healthier and glowing
Reducing the appearance of acne scars
Suitable to all skin types
Instant results with no downtime
Please see spa reception to book.*

NEW TREATMENTS !!!!!

HOPI EAR CANDLING, LASH LIFT AND TINT ARE NOW AVAILABLE HERE IN THE SPA .

HOPI EAR CANDLING- *This treatment is not only relaxing and Rejuvenating, it's also helpful for a variety of ear, nose and throat conditions such as hay fever, headaches, stress and helps to loosen excessive ear wax!*

LASH LIFT AND TINT- A **Lash Lift** is a treatment that is incredibly relaxing and gives those straight lashes a natural curl. A treatment which enhances your natural lashes without the need for ongoing maintenance lasting up to 6 weeks!



LAMPHEY COURT
★★★★
HOTEL & SPA

Please see the spa reception to book or to seek further information regarding the treatments. We advise all guests to book in advance to avoid disappointment.

Treatment of the Month

*25 Minute back, neck and shoulder **Hot Stone Massage.***



Treat yourself to a warming hot stones massage, concentrating on the back neck and shoulder area leaving you to feel stress free and relaxed. There are many benefits to hot stones massage including reducing muscle tension and pain, stress, anxiety, and helps to promote sleep.

Now only £30

Normally £45

We advise all clients to book in advance to avoid disappointment.

LAMPHEY COURT
★★★★
HOTEL & SPA



LAMPHEY COURT
★★★★
HOTEL & SPA

NEW YEARS CLEANSE SPA DAY £69PP

Start the new year with a new you! This package is designed to leave you feeling stress free, cleansed and restored giving you that head to toe detox you need ready for the new year ahead.

This package includes the following..

2x 25 Minute Treatments

Full Body Scrub

Hot Stone Back, neck and shoulder massage OR Elemis Facial (Biotec facials available within package)

-Full use of spa facilities 10am-6pm

-Robe, Towel and slippers provided on arrival

-Two course light lunch

☎ 01646 673108 to book your spa day. Available **Monday-Sunday until **31st March.****

Terms and conditions apply, offer is subjected to availability, we advise all clients to book advance to avoid disappointment.

Maximum group number 10.



MARCH TREATMENT OF THE MONTH

Elemis 55 Minute Facial was £60.00 NOW £45.00 including use of facilities

Choose from one of the following 55 Minute Facials

SUPERFOOD PRO RADIANCE -A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives clinically proven to leave skin plumper and lit up with good health.

PEPTIDE 24/7 - Inspired by the body's miraculous inner clock and formulated to support tired complexions, our skin renewing Peptide 24/7 range is made to target the look of tired skin and help you achieve a well-rested glow, around the clock.

PRO COLLAGEN AGE DEFY - Tackles fine lines and wrinkles. Targeted massage encourages optimum cellular function for nourished younger looking skin.

***Pease contact the spa reception directly on 01646 673108 to book.
Please note no further discount applied to members due to promotional pricing. T and cs apply.***